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| Totem Animals | |
| Alligator | Maternal, revenge oriented, quickness, aggression, and basic survival instincts. |
| ****Ant**** | Group minded, determination, patient, active, and industrious |
| Anteater | Lethargy, curiosity, nosiness. |
| ****Antelope**** | Active, agile, jumpiness, and willing to sacrifice |
| ****Armadillo**** | Safety oriented, grounded, and has boundaries |
| ****Badger**** | Courage, aggressive, healer, having problems relating to others |
| ****Bat**** | Rebirth, longevity, secrecy, initiation, good listener, and long life |
| ****Bear**** | Instinctive, power, courage, will power, self-preservation, strength. |
| ****Beaver**** | Determined, strong-willed, builder, overseer, and protector |
| ****Bee**** | Organized, industrial, productive, wise, community, celebration, defensiveness, obsessive nature, and enjoys life |
| ****Boar/Pig**** | A very powerful totem - prosperity, spiritual strength, organized, self-reliant, fearless. |
| ****Buffalo**** | Sacredness, life, great strength, abundance, gratitude. |
| Bull | Insight into the past, rushing into things without proper preparation. |
| ****Butterfly**** | Metamorphosis, transformation, balance, grace, ability to accept change |
| Camel | Survival, positive, accomplishments |
| Caribou | Traveler, mobility, preference to be nomadic, adaptability to adversity |
| ****Cat**** | Guardianship, detachment, mystery, magic, and independence |
| Cheetah | Swiftness, insight, focus |
| Cougar | Leadership, loyalty, courage, taking responsibility, foresight |
| ****Cow**** | Swift, insightful, and focused |
| ****Coyote**** | Trickster, intelligence, stealth, wisdom and folly, guile and innocence |
| Cobra | Swift and decisive |
| Crab | Good luck, protection and success |
| ****Crane**** | Solitude, justice, longevity, independent, intelligent, and vigilant |
| Crocodile | Ensuring your emotions are displayed accurately/appropriately |
| ****Crow**** | Justice, shape shifting, change, creativity, spiritual strength, energy |
| ****Deer**** | Compassion, peace, intellectual, gentle, caring, kind, subtlety, gracefulness, femininity, gentleness, innocence, adventure |
| ****Dog**** | Noble, faithful, loyal, teaching, protection, and guidance |
| Dolphin | Kind, wisdom, happiness, playfulness, prudent, capable of deep emotion, and happy. |
| Dove | Spirit messenger, peace, gentleness, love |
| Dragon | Longevity, richness, prosperity, infinity, wisdom, power, and fiery |
| Dragonfly | Flighty and carefree, strong imagination, higher aspirations. |
| Duck | Water energy, helper of seers, can clearly see/deal with emotions |
| Eagle | Divine spirit, sacrifice, intelligence, renewal, courage, illumination of spirit, healing, creation, freedom, and risk-taker |
| Totem Animals | |
| Elephant | Strength, power, affection, loyalty, royalty, and wisdom |
| Elk | Strength and agility, pride, majestic, independence, purification, strength, and nobility |
| Falcon | New beginnings, adventure, passionate, and leadership. |
| Fish | Graceful, slyness, open-minded, quick to change one's mind. |
| Flamingo | Heart healing, psychic, people person |
| Fox | Cunning, agility, quick-witted, diplomacy, wildness |
| Frog | Water energy, cleansing, rebirth, sensitivity, medicine, hidden beauty, peace, adaptability, poor character judgment and power. |
| Giraffe | Communication, intuition, attaining the unreachable, sight of future |
| Goat | Surefootedness, stubbornness, independence, diligence, lack of foresight. |
| Goose | Self-demanding, reliable, prudent, rigid, vigilance, parenthood, and productive. |
| Gorilla | Family-oriented, intelligence, strength, keeps peace through aggression. |
| Grasshopper | Good luck, abundance, forward, progressive. |
| Hawk | Messenger, intuition, victory, healing, nobility, recollection, and guardianship. |
| Hippopotamus | Power, creation, imagination, healing. |
| Horse | Freedom, stamina, mobility, the land, travel, power, and freedom. |
| Hummingbird | Messenger, timelessness, healing, and warrior. |
| Jaguar | Chaos, shape-shifter, aggressiveness, power. |
| Kangaroo | Forward, balance, creative, stamina. |
| Lion | Family, strength, energy, courage, guardian and protector. |
| Lizard | Conservation, vision, self-protection, hidden defenses. |
| Llama | Comforting to others, secure. |
| Lynx | Keeper of secrets, guardian, listener, and guide. |
| Mole | Sensitivity, guidance, searching. |
| Monkey | Ability to change the environment, health, success. |
| Moose | Headstrong, longevity, steadfastness, and wisdom. |
| Mouse | Scrutiny, order, organizer, and an eye for details. |
| Octopus | Intelligence, camouflage, nocturnal. |
| Opossum | Diversion, strategist, and deceiver. |
| Otter | Playful, friendly, dynamic, joy, helpfulness, and sharing |
| Owl | Deception, clairvoyance, insight, messenger. |
| Panther | Protection, hidden emotions, introspect, caution, careful decisions |
| Parrot | Communication, beauty, guide for wisdom, mockery, thinking before speaking |
| Peacock | Immortality, dignity, and self-confidence |
| Pelican | Resilient, unselfish, rising above. |
| Penguin | Self-discipline, grace, self-confidence, spiritual |
| Porcupine | Innocence, companionship, and trust |
| Prairie Dog | Swiftness, industrious, constructive, preparedness |
| Puma | Companion on journeys to other worlds, grace, silent power |
| Totem Animals | |
| Quail | Team play, creator of harmony, protectiveness (toward children) |
| Rabbit | Fear, timidity, nervousness, humility, rebirth |
| Raccoon | Curiosity and cleanliness |
| Ram | Stoic, sensitive, persevering, curious, imaginative. |
| Rat | Stealth, scavenging, intelligence, enjoys luxury |
| Raven | Introspection, courage, self-knowledge, magic |
| Rhinoceros | Wisdom, solitary, insightful, solid. |
| Rooster | Vanity, early riser, settling for nothing less than the best |
| Salmon | Proud, intense, confident, wisdom, inspiration |
| Scorpion | Transforming, strong, inspiring, chaotic,  passionate |
| Seagull | Versatility, loud, easy-going nature, creativity, laziness |
| Seahorse | Confidence and grace |
| Seal | Love, longing, dilemma, active imagination, creativity |
| Shark | Hunter, survival, and adaptability |
| Skunk | Reputation, presence, and strength |
| Snail | Protective, aware, solitary. |
| Snake | Impulsive, shrewd, rebirth, transformation, initiation, and wisdom |
| Spider | Balance, wisdom, creativity, communication |
| Squirrel | Planner and gatherer |
| Stag | Lord of the forest, masculine power of regeneration, signs. |
| Swan | Grace, balance and innocence, soul, love, beauty, of the self |
| Tiger | Strength, valor, power, and energy |
| Toad | inner strength, luck, self-examination |
| Turkey | Generosity, life-giver, and sharer |
| Turtle | Nurturer, shy, and protecting |
| Unicorn | Purity, innocence, dreamer, personal power, gentle |
| Weasel | Strength, energy, ingenuity and stealth |
| Whale | Wisdom, provider, intelligence, and kindness. |
| Wolf | Loyalty, perseverance, success, intuition, and spirit |
| Woodpecker | Sensitive, protective, and devotion |
| Zebra | Agility and individuality |